AWARENESS IN TEENAGE PREGNANCY

DEFINTION:

Teenage pregnancy is defined as a teenage girl, usually within the ages 13 to 19, becoming pregnant.

CAUSES OF TEENAGE PREGNANCY

\*Drugs and Alcohol

\*Low socio-economic status

\*Peer Pressure and Sexual Abuse

\*Social Media Influence

\*Family Problems

\*Education Knowledge

Situation in the Philippine setting

<https://www.veritas846.ph/teenage-pregnancy-isyu-ng-pamilya-lipunan/>

<https://news.abs-cbn.com/news/04/03/18/insidente-ng-teenage-pregnancy-sa-bansa-kumaunti>

### Education

A large cause of teenage pregnancy is a lack of education about sex and pregnancy. The first to be blamed are schools and teachers, but the real starting point should be from within the family. Sometimes parents might think talking about sex is inappropriate or that it is automatically encouraging their children to have sex, so they avoid talking about it entirely. This leaves kids with information only from their peers, which often includes pressure to engage in sex acts to meet social standards. Parents should realize that in attempting to protect their children from the reality of human sexuality they are causing more harm than good. Open discussion about sex in a safe, nonjudgmental environment is essential to helping minors make educated decisions about sex. Pediatricians also take it upon themselves to make up for the information that has not been properly communicated to teens, and continually recognize better education as the key to helping reduce teen pregnancy.

HOW TO PREVENT TEENAGE PREGNANCY

1.EDUCATE YOURSELF about pregnancy start by educating yourself about how pregnancy starts. Many studies have found that better education you have regarding sex and pregnancy work, the better able you will make good decisions regarding sex.

2.SOME PREGNANCY MYTHS. There are lots of myths about now you can get pregnant. If you know the truth from the fact, you will be much better able to perfect yourself.

3.TALK TO A TRUSTED ADULT. Talk to an adult that you trust about sex, sexual health relationship, pregnancy. They should be able to give some advice.

EFFECTS OF TEENAGE PREGNANCY

Being a teenager who got pregnant it will affect your everyday life. This is the health and social effects of teenage pregnancy.